

2. HelpAge India may plan other activities in the future to engage the residents meaningfully and ensure their emotional and spiritual well being.



All activities are finalized in consultation with the residents. Residents are free to follow their own religious faith and rituals as long as it does not disturb the peace and harmony of the Home.

A copy of the basic rules, and rights and privileges of the residents (in English and Bengali) is available with the manager for consultation at any time.

Kalyan Ashram is owned and managed by HelpAge India. The property has been gifted to HelpAge India by Shri K. S. B. Sanyal, Governing Body Member, HelpAge India in memory of his father Prof. Som Nath Sanyal and his brother Shri Kalyan Kumar Sanyal after whom the home has been named "Kalyan Ashram".

HelpAge India is a registered charity working for the care and concerns of the elderly, particularly the disadvantaged elderly. Donations to HelpAge India are all exempt from tax as per relevant sections of the IT Act.

HelpAge India | Fighting isolation, poverty, neglect

HelpAge HOMES 



KALYAN ASHRAM

An offering of love for elderly women from **HelpAge India**

HelpAge India

KALYAN ASHRAM

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Kalyan Ashram - is HelpAge India's first directly managed Old Age Home for women in the Eastern region. It has been conceived and established in response to an acutely felt need to provide shelter and care for needy elderly women from low income groups. While Kolkata city has a deep-rooted tradition of philanthropy, this emerging social reality needs to be recognized and addressed.

The Home is located in Chetla (south Kolkata) and is easily accessible by private and public transport system. It is close to the market, hospitals and police station.

Basic Facilities and Eligibility

The Home presently has total capacity of ten beds, in five well-ventilated large rooms with attached western-style bathrooms fitted with geysers. Aesthetically designed and furnished keeping in mind the needs of the elderly, the home has a comfortable lounge with a cable television, and a small library and room for prayers. A two-bedded infirmary has been provided for the residents. A weekly medical clinic is already operating at the venue which serves the needs of the community in the neighbourhood, particularly the elderly.

Apart from the in-house infirmary, HelpAge India has made special provision for medical care of the residents through:

- Tie-up with local hospitals, nursing homes and Path labs
- Doctor on call (of resident's own choice, if any)
- Facility of special attendant/nurse if required in times of emergency or prescribed by the doctor
- Tie-up with ambulance facility.

Cost of treatment in hospital,



◀ The in-house infirmary



The weekly medical clinic at the venue



A resident drying her clothes

A brief chat before turning in



medical tests, doctor on call, special attendant/nurse, regular medicines if any, and ambulance is borne by the residents.

Essentially planned as a home for needy women providing free board and lodging, HelpAge India expects the residents to meet some basic eligibility criteria. These are:

- A woman of 60 years or above, of limited means;
- Of reasonable health -- both physical and mental;
- Literate;
- Willing to abide by rules and regulations of the Home (as laid down in the Home Manual).

A manager assisted by support staff oversees the day - to - day functioning of the Home. An attendant is available round the clock to assist the residents. HelpAge India monitors the daily functioning of the Home and interacts with residents on a regular basis.

Meals are provided to the residents as per normal calorie needs of the elderly. Morning tea, breakfast, lunch, evening snacks and dinner are provided to the residents as per time schedule decided by the Home manager. The Home is a non-smoking area for residents and visitors.

Other Activities

HelpAge India believes in promoting the idea of productive ageing. The residents are encouraged to participate in the following activities:

1. Recreational activities like outings, annual picnics, participation in HelpAge India organized events.

A resident arranges her belongings

